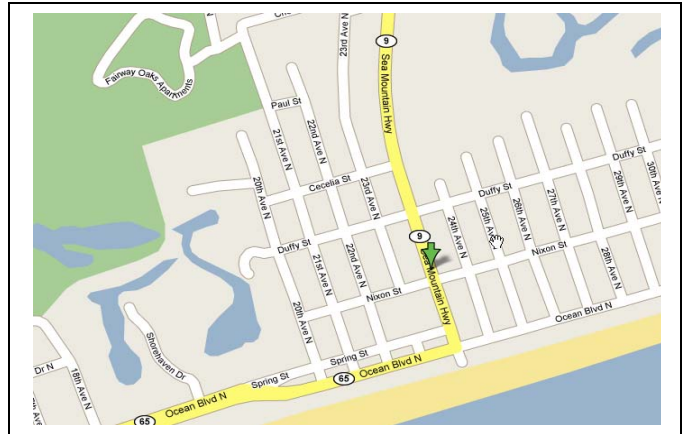


Bicycling In The Myrtle Beach Area

Where To Get Them

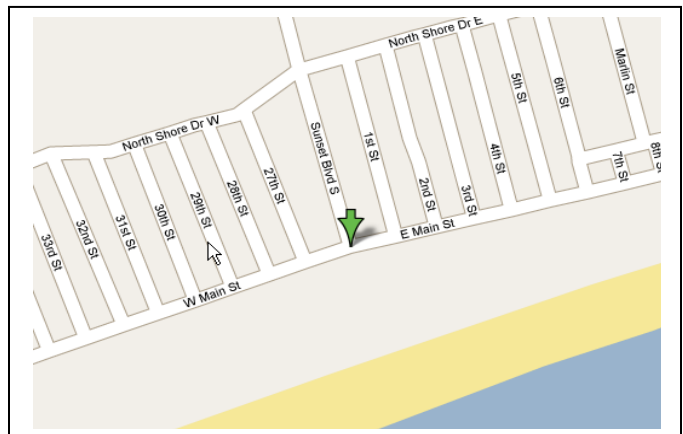
The Bike Doctor Inc
 315 Sea Mountain Highway
 N. Myrtle Beach, SC 29582
 843-249-8152

This is a great bike shop just 5 minutes from the condo in the center of Cherry Grove, just across from Boulineau's IGA. You could easily spend an entire day bicycling through the Cherry Grove and N Myrtle Beach area and the beach at low tide is perfect for bicycling.

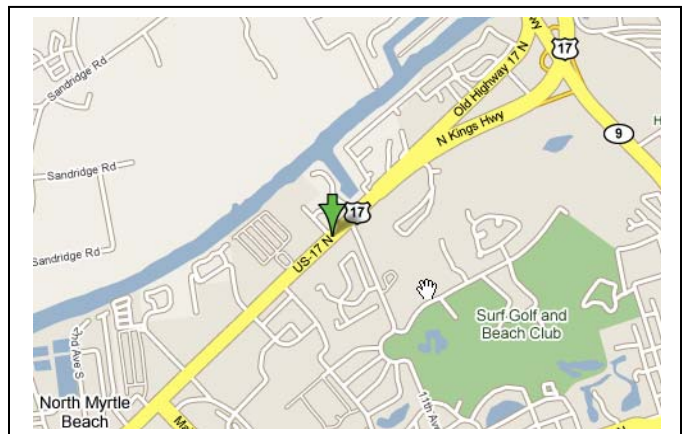


Julie's Bike Rentals
 2 W Main St.
 Sunset Beach, NC
 910-579-1211

Bikes and much more right at the beach in Sunset Beach! You can rent them by the week as well but if you're looking to ride the beach, Sunset Beach at low tide is THE place to do it and Julie's is your best bet for getting your bike. Visit the website at <http://www.juliesrentals.com>.

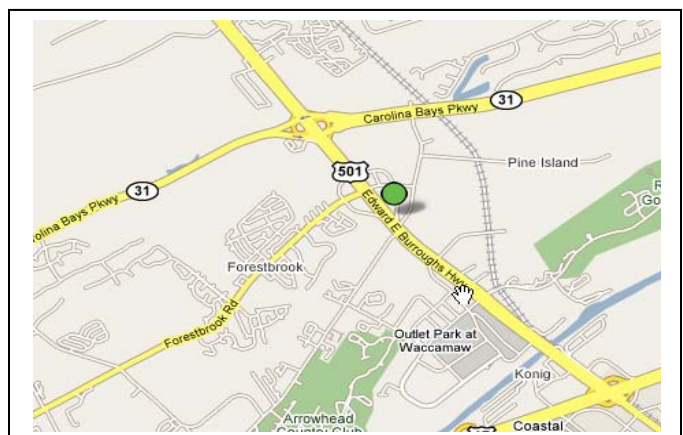


Atlantic Spoke Bicycles
 4029 Highway 17S
 N. Myrtle Beach, SC 29582
 843-272-7503



Bicycles-N-Gear
 515 Highway 501 #A
 Myrtle Beach, SC
 843-626-2453

They were established in 1988 and have been serving South Carolina's Grand Strand's biking needs ever since. They are located inside The Sports Corner, a complex dedicated to cutting edge athletic endeavors. Bike rentals and repairs. Visit their website at: <http://www.bikesngear.com/store.htm>.



Bicycling in The Myrtle Beach Area

Where To Go

- Some of the best bicycling can be found not very far from the condo in Cherry Grove. Since there are no major traffic routes within Cherry Grove going north (because the land ends!), there is very little auto traffic on most of the side streets and you can ride and discover the beauty of the area with very limited interruption. When you're tired of riding the roads and the paths.....go off road on to the beach where you'll have miles to ride.
- Some of the best beach biking can be found on Sunset Beach just a 15-20 minute drive from the condo. If you prefer, you can rent your bikes right there at Julie's and drop them off when you're done. You can bike along the entire stretch of Sunset Beach and onto the shores of the backwater on the Intracoastal Waterway.
- Five miles of Robert M. Grissom Parkway in Myrtle Beach and a portion of Harrelson Blvd by Myrtle Beach International Airport are part of the 2950-mile East Coast Greenway recreation trail being built between Maine and Florida.
- Bike trails line both sides of Farrow Parkway for 3.6 miles across the former Myrtle Beach Air Force Base.
- In Myrtle Beach, bike lanes run along Mr Joe White Avenue; on North Ocean Blvd from about 29th Ave to 82nd Ave.; the southernmost section of Seaboard St; and the western third of Pine Island Rd.
- An off-road path extends from 48th Ave North on Robert M. Grissom Parkway to 62nd Ave North in Myrtle Beach.
- Cyclists in North Myrtle Beach might like the Barefoot Resort section of the East Coast Greenaway, or the lanes on Ocean Blvd.
- In Georgetown County, Bike The Neck (<http://www.biketheneck.com>) has coordinated 10 miles of trail segments on the Waccamaw Neck toward a collective goal of 27 miles.
- US Business 17 has 4-foot wide lanes on both sides of the road in Murrells Inlet for almost 4 miles south from the Horry County line.
- A 1 ½ mile trail on the western fringe of Huntington Beach State Park extends to Trace Dr, the northernmost point in Litchfield.
- From Lakeshore Dr, a path parallels the north side of Boyle Dr then goes south on the east side of US 17 about 1 mile to Willbrook Boulevard.
- Crossing US 17 with a finger triggered signal lets riders go south along the highway's western side for about ¾ mile to Litchfield Oaks, or head west on the trail along Willbrook for almost 3 miles. Another trail parallels the east side of US 17 between North and South Causeway Roads of Pawley's Island.
- Conway city officials are working toward integrating the Conway Master Greenaway Plan, viewable at <http://www.cityofconway.com>.
- Within what is now the Francis Marion National Forest, the eponymous general sought refuge from the British during the Revolutionary War. Today, 42 miles of trail through these swampy wetlands, grassy savannas and coastal pine forests offer off-road cyclists plenty of space to play. Built in 1968, the Swamp Fox Passage of the Palmetto Trail is one of the Lowcountry's oldest trails. The trail runs through an area that was used by logging companies, starting in the late 19th century. Although the network of trails developed for logging trails was abandoned over a decade before the Forest Service purchased the land, the elevated railways are still in use as part of the hiking and mountain biking paths. Some of the trails also cross boardwalks and footbridges. Part of the Palmetto Trail, The Swamp Fox Passage is a flat 42 miles, one way, so pedal as short or as long as you like, then turn around and head home.

For a **TRULY** unique cycling adventure.....



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GPS Scavenger Hunt

This tour is the height of adventure! You don't know where you're going and neither do we! We have a GPS and home in on a dropped target placed by one of the other tour leaders. It could take us 30 minutes or 5 hours, there's just no telling but there's plenty of fun to be had along the way not to mention a few misadventures! But here's the real trick, we've hidden their target! The first group to retrieve their target and return to the previously designated home base wins bragging rights as well as some really cool prizes. Don't miss out! There's plenty of fun for everyone! This tour includes bike rental and helmet, complimentary t-shirt, lunch, and...oh yeah a GPS! Approx. distance: 10-15 miles Approx. duration: 2-3 hours.

Price: \$85.00 \$65.00 with your bike.

Ingram Planetarium Tour

Like most of our tours, our goal is to enlighten our guests. While this may not be the first trip you've taken to the planetarium, we hope it will be your most memorable. Join us as we set out through cozy tree lined streets and quiet neighborhoods and snake our way to Sunset Beach. We'll cross the old swing bridge and go out onto the island and ride down to the jetties. We'll make our way past Bird Island which is now amongst the protected islands of the North Carolina shore. We'll do a little island hopping with a couple of breaks and include a lunch. We then take to the road again to the Ingram Planetarium for the Hubble II show at 1pm. The show lasts an hour and gives us a cool down during the heat of the day. The road back winds us through Seatrail Plantation and makes a quick stop for ice cream on the last leg of our return. The price of this tour includes bike rental, complimentary t-shirt as well as lunch and the Planetarium show. Ice cream and any additional stops are up to the individual guest. Approx. distance: 15 miles Approx. duration: 3-4 hours

Price: \$85.00 \$65.00 with your bike.

Ocean Isle Beach Tour

This tour is not for the faint of heart! It's a trek of a minimum of 30 miles but it's worth every minute! We'll snake through a very old cemetery, the quaint little village of Calabash, Sunset Beach golf courses, the shops at Seaside and finally arrive at Ocean Isle. Just when you think you've seen it all, you'll come to a rolling stop at the top of the causeway bridge and you'll realize why we had to come this way. Unbelievable views both ways on the waterway as far as the eye can see! You can't do this in a car! Once on the island you may visit the Ocean Isle Aquatic Museum, take in the shops or just take a breather on the beach. Our return route will encompass a tour through secluded neighborhoods adorned with enchanted live oaks and waterfront views. This tour includes bike rental and helmet, complimentary t-shirt, and lunch....and several rest stops! Approx. distance: 18 miles Approx. duration: 4-5 hours

Price: \$85.00 \$65.00 with your bike.

Silver Coast Winery Tour

The Silver Coast Winery is well known to locals and tourists alike. Nestled in a small farming community just the other side of Hwy. 17, it has quickly blossomed into an award winning standard for excellence. Join us on this tour which begins at the highly acclaimed Vereen Memorial Gardens, cruises through the sleepy village of Calabash and culminates at the winery for a wine tasting and a cool break beneath the trees for fresh grapes, bread and cheese. The price of this tour includes bike rental, complimentary t-shirt, wine tasting, and lunch. Approx. distance: 15 miles Approx. duration: 3-4 hours.

Price: \$85.00 \$65.00 with your bike.

Sunset Beach Tour

This is a great tour for those who love the beach and want to get out and see the area a little closer than usual. We set out from Vereen Memorial Gardens and set out with a goal of taking in as much as possible. We may opt to stop at the Sunset River Galleries and take in the work of the areas many talented artists or possibly see the boats off at the docks. We'll make our way through the shaded back streets and quiet, out of the way places hidden to the normal automobile tourist. Our final destination will be Sunset Beach and ultimately, the jetties on Bird Island....what we do and how we get there is decided by proxy of the group you're in. We have many options available to us and your wish will be our command. We'll take a lunch on a shady bank of the Calabash River and take an alternate route back to the gardens. Approx. distance: 20 miles Approx. duration: 4-5 hours.

Price: \$85.00 \$65.00 with your bike.

Indigo Farms Tour

Six generations have owned and operated this local favorite for fresh vegetables, fruit and canned goods. The tour takes us through the quaint village of Calabash and along country roads which lead us by golf courses and old family farmsteads. We arrive at Indigo Farms in the morning hours and dismount to stretch our legs and pick fresh strawberries or blueberries. Indigo farms also has a grill and bakery as well as fresh produce, a nursery, a florist and an ice cream shop! Did we mention the animals? The price for this tour includes bike rental, your complimentary t-shirt and a pound of berries! Approx. distance: 12 miles Approx. duration: 3 -4 hours

Price: \$85.00 \$65.00 with your bike.

Please visit [Bodacious Bob's Home Page](http://www.beachbicycletours.com/) at <http://www.beachbicycletours.com/>